

1st Annual Harvest 5K Run & One Mile Fun Run

To benefit individuals with intellectual and developmental disabilities through the Arc of California and Placer ARC

Date/Time: Sunday, October 23, 2011
 Registration begins at 8:00am
 5k Run/Walk starts at 9:00am
 1-Mile Fun Run starts at 9:15am

Location: Maidu Park

To Benefit: The Arc of California; Placer ARC

Entry Fees: 5K Run/Walk - Adults: \$25
 Students with ID/Children \$15
 1-Mile Fun Run - \$10



Register online at thearcca.org

PLEASE PRINT CLEARLY (One entry per participant; form may be copied)

Event (circle one): 5K Run 5K Walk 1-Mile Fun Run

Gender: M / F Age on Race Day: _____ T-Shirt Size (circle one): S M L XL

Register before October 16 to be guaranteed a t-shirt

Name _____

Address _____

City _____ ST _____ Zip Code _____

Phone _____ Email _____

Please sign the waiver statement below for each participant, including children:

I, the undersigned, in consideration of acceptance of the entry and registration as participant in race described in this entry form, do hereby release Maidu Park, all officials, volunteers and sponsors from all claims, damages, and actions, whatsoever, arising from my participation in said event. I attest that I am physically fit and sufficiently trained for completion in this event. Race fees are non-refundable. If you are not able to participate, your fee will be used as a donation.

 Signature (parent or guardian if under 18)

 Date

Make Checks Payable to: *Arc of CA*
 Registration Forms can be picked up or mailed to:
 Placer ARC c/o Harvest Run
 522 Vernon St.
 Roseville, CA 95678

Or, register online at thearcca.org

